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Principles Of Nutritional Assessment



ROSALIND S. GIBSON



Synopsis

This is a comprehensive text on the methods - dietary, anthropometric, laboratory and clinical - of assessing the nutritional status of populations and of individuals in the hospital or the community. This Second Edition incorporates recent data from national nutritional surveys in the US and Europe; the flood of new information about iron, vitamin A and iodine; the role of folate in preventing neural tube defects; the use of HPLC techniques and enzyme assays; improvements in data handling; and many other developments. A paperback edition of this book is available to readers living outside of North America and Europe. Interested parties should contact the author at: rsgibson@nutrition.earthlight.co.nz http://nutrition.earthlight.co.nz

Book Information

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Customer Reviews

Ideal methods of nutritional assessment are sensitive and specific. Unfortunately, it is difficult to achieve both in the assessment of nutritional status. Sensitivity refers to the ability of a technique to correctly identify those affected by a condition (for example, under-nutrition) as having that condition. Specificity refers to the ability of a technique to correctly classify normal individuals as having normal nutritional status. Body mass index is a global measure of nutritional status that illustrates the difference between these two constructs. Most persons who consume insufficient energy have low body mass index, so the measure is sensitive. However, there are other causes of low body mass index, including genetics and disease, so body mass index is not specific to nutritional status. The above are what I wanted to understand before I made the purchase and

fortunately this book clearly in the most simple terms gave good insight into these issues thereby assisting me to have a good stepping stone to proffering solutions to diverse nutritional assessment problems.

Green Hardcover (1990 publication): A fantastic book; both technical and well referenced. I acquired this book years ago from during my graduate studies, and came to looking for an updated version. Found the green hardcover (1990) and the orange hardcover (2005) published versions. The 1990 version makes it difficult for me to suggest it is stil worth the price at ~\$125. Get it used...and save a hundred dollars. The 2005 revision is less money; may entertain the purchase to compare.

This is a very good book for people in nutrition field especially those who would like to do some nutritional assessment.

Perfect service. Recieved my order in a very short time and in a good condition.

unless your professor is definitely testing you on chapters in this text, it's not worth buying. I bought it for a nutrition lab and ended up reading only one or two chapters.

It was of great quality and arrives in time~~Thanks,Di

I ordered this book (by normal delivery) and received it after 4 working days in very good condition.Thank you for your service.Keep up the good work!

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